

## RITA V PATEL, DDS

(909) 624-7222

### IMPORTANT INSTRUCTIONS TO PARENTS OR PEDIATRIC PATIENTS WHO ARE TO RECEIVE SEDATION (NITROUS OXIDE)

<b>EATING AND DRINKING</b>	<p>TO AVOID VOMITING AND COMPLICATIONS DURING TREATMENT WITH SEDATION OR ANESTHESIA, DO NOT ALLOW YOUR CHILD ANY FOOD OR DRINK (EVEN WATER) UNLESS DIRECTED BY YOUR DOCTOR. THIS SCHEDULE SHOULD BE FOLLOWED:</p> <p>NO MILK OR SOLID FOOD AFTER MIDNIGHT BEFORE SCHEDULED PROCEDURE.</p> <p>CHILDREN AGES 0-3 YEARS: CLEAR LIQUIDS UP TO 4 HOURS BEFORE THE PROCEDURE.</p> <p>CHILDREN AGES 3-6 YEARS: CLEAR LIQUIDS UP TO 6 HOURS BEFORE PROCEDURE.</p> <p>CHILDREN AGES 7 YEARS OR GREATER: CLEAR LIQUIDS UP TO 8 HOURS BEFORE THE PROCEDURE.</p>
<b>CHANGE IN HEALTH</b>	<p>ANY CHANGE IN THE CHILD'S HEALTH, ESPECIALLY IN THE DEVELOPMENT OF A COLD OR FEVER, WITHIN 7 DAYS BEFORE THE TREATMENT IS VERY IMPORTANT. FOR THE CHILD'S SAFETY, A NEW APPOINTMENT MAY BE MADE FOR ANOTHER DAY. INFORM THIS OFFICE OF ANY CHANGE IN HEALTH BEFORE YOUR APPOINTMENT.</p>
<b>ARRIVING</b>	<p>A RESPONSIBLE ADULT MUST ACCOMPANY THE PATIENT TO THE DENTAL OFFICE AND MUST REMAIN UNTIL TREATMENT IS COMPLETE. PLAN TO ARRIVE EARLY FOR YOUR APPOINTMENT.</p>
<b>MEDICATIONS</b>	<p>GIVE YOUR CHILD ONLY THOSE MEDICATIONS THAT HE OR SHE TAKES ROUTINELY, SUCH AS SEIZURE MEDICATIONS OR PROPHYLACTIC ANTIBIOTICS, AND THOSE PRESCRIBED BY YOUR CHILD'S PHYSICIAN. DO NOT GIVE YOUR CHILD ANY OTHER MEDICINES, BEFORE TREATMENT, WITHOUT CHECKING WITH THIS OFFICE.</p>
<b>ACTIVITIES</b>	<p>DO NOT PLAN TO PERMIT ACTIVITIES FOR THE CHILD AFTER TREATMENT. ALLOW THE CHILD TO REST. CLOSELY SUPERVISE ANY ACTIVITIES FOR THE REMAINDER OF THE DAY.</p>
<b>GETTING HOME</b>	<p>THE PATIENT MUST BE ACCOMPANIED BY A RESPONSIBLE ADULT SOMEONE SHOULD BE AVAILABLE TO DRIVE THE PATIENT HOME. THE CHILD SHOULD BE CLOSELY WATCHED FOR SIGNS OF BREATHING DIFFICULTY AND CAREFULLY SECURED IN A CAR SEAT OR SEAT BELT DURING TRANSPORTATION. DO NOT USE BUS.</p>
<b>DRINKING &amp; EATING AFTER TREATMENT</b>	<p>AFTER TREATMENT, THE FIRST DRINK SHOULD BE PLAIN WATER. SWEET DRINKS CAN BE GIVEN NEXT (CLEAR FRUIT JUICE OR GATORADE). SMALL DRINKS TAKEN REPEATEDLY ARE PREFERABLE TO TAKING LARGE AMOUNTS. SOFT FOODS, NOT TOO HOT, MAY BE TAKEN WHEN DESIRED.</p>
<b>TEMPERATURE ELEVATION</b>	<p>THE CHILD'S TEMPERATURE MAY BE ELEVATED TO 101 F (38 C) FOR THE FIRST 24 HOURS AFTER TREATMENT. ACETAMINOPHEN (TYLENOL) EVERY 3-4 HOURS AND FLUIDS WILL HELP ALLEVIATE THIS CONDITION. TEMPERATURE ABOVE 101 F (38 C) IS CAUSE TO NOTIFY THIS OFFICE.</p>
<b>SEEK ADVICE</b>	<p>IF VOMITING PERSISTS BEYOND 4 HOURS.</p> <p>IF THE TEMPERATURE REMAINS ELEVATED BEYOND 24 HOURS OR GOES ABOVE 101 F (38 C)</p> <p>IF THERE IS ANY DIFFICULTY BREATHING.</p> <p>IF ANY OTHER MATTER CAUSES YOU CONCERN.</p>
<b>CALL</b>	<p>PLEASE CALL US IF YOU HAVE ANY PROBLEMS RELATING TO YOUR CHILD'S TREATMENT.</p>